

Onion rings

(frozen)



INGREDIENTS

- Onion rings (100g)

EQUIPMENT/ACCESSORIES

- Panasonic NE-SCV2
- Accessories: Ceramic plate
Oven sheet

PROCEDURE

- 1 Preheat oven at 280C (with ceramic plate)
- 2 Place food on the oven sheet
- 3 After preheating, place oven sheet with food on the ceramic plate inside oven
- 4 Set time as the chart below
- 5 Press "START"

Convection: OFF
Fan : 50%
Grill : LOW
MW : P8
TIME : 50sec

- 6 Remove oven sheet with food from the oven and serve.