

# 06 Meatballs (Frozen)



## EQUIPMENT

- Sonic Steamer (NE-3280 or NE-2180)
- One full size high temp plastic 4" hotel pan with cover

## PROCEDURE

- 1 Place meatballs in pan and cover.
- 2 Place pan in Sonic Steamer.
- 3 Press POWER to set power level, using dial set time for [Stage 1] in the chart below then press START.

MODEL	POWER	TIME
NE-3280	HI	10 min.
NE-2180	HI	14 min.

- 4 When done, stir the meatballs and place back into the Sonic Steamer.

## INGREDIENTS

- Meatballs (3 oz each) \_\_\_\_\_ 5 Lbs.

- 5 Cook for additional mins in [Stage 2].

MODEL	POWER	TIME
NE-3280	MED	3 min.
NE-2180	MED	4 min.

- 6 Remove and serve.