

04 Quinoa



EQUIPMENT

- Sonic Steamer (NE-3280 or NE-2180)
- One high temp plastic 2" hotel pan uncovered

INGREDIENTS

- Quinoa _____ 8 cups
- Water _____ 16 cups
- Salt _____ To taste

PROCEDURE

- 1 Combine quinoa and water in the pan.
- 2 Place pan in Sonic Steamer.
- 3 Press POWER to set power level, using dial set time for [Stage 1] in the chart below then press START.

MODEL	POWER	TIME
NE-3280	HI	15 min.
NE-2180	HI	15 min.

- 4 When time is done, remove pan from Sonic Steamer, stir and cover.

- 5 Place pan back inside the Sonic Steamer, and then set [Stage 2] in the chart below then press START.

MODEL	POWER	TIME
NE-3280	MED	10 min.
NE-2180	MED	15 min.

- 6 Remove from Sonic Steamer.
- 7 Stir and hold for service or serve immediately.